



RHYTHM
VOLLEYBALL  **ACADEMY**

2024-2025 Coach Bio

Name: Rachael Lawrence

Professional Background:

2023- Present: Internal Wholesaler at Jackson

Coaching Style: Holistic Coaching while individually using a democratic style for individual goals and objectives

Education:

Bachelors of Finance- Middle Tennessee State University

Coaching History:

2020-2021 13-1 Assistant Coach Alliance Murfreesboro

2021-2022 13-1 Head Coach Alliance Murfreesboro

2022-2023 13-1 Head Coach Alliance Murfreesboro

Play Experience/Accomplishments:

2015-2019 Wilson Central High School

2019-2020 UTC Club Volleyball

2020-2021 MTSU Club Volleyball