

2024-2025 Coach Bio

Name: Macie Pringle

Professional Background: Corporate healthcare, private healthcare, collegiate coaching

Education: Bachelor's of Science in Sport Management

Coaching History: 5 years club ball (TPV, Summit VBC, MidTN VBC), 4 years high school ball (Ravenwood and Blackman), 4 years collegiate (Southeastern Oklahoma State University and Cumberland University), 4 years of leading camps/clinics for all ages

Play Experience/Accomplishments: Independence High School four year varsity starter (2010 TSSAA Final Four and 2011 State Runner-Up) played at University of North Alabama (2014 GSC Runner-Up, 2015 Conference Champion with NCAA Tournament appearance). Played travel ball for 8 years at Select VBC, Nashville One, Club West, and Alliance.

Coaching Style: Direct and developmental coaching styles

Coaching Philosophy: The core of what I do is centered around the empowerment of my athletes. My goal is to ensure that every athlete that plays for me walks away more capable and more sure of who they are and what they have to offer in every aspect of life. Playing good volleyball is fun and getting to teach good volleyball is even better, but helping young athletes navigate the challenges that come along with self-discovery is why I do this every day.

Top Volleyball Highlights: Playing in the state championship in high school and winning the conference championship in college